

# Your Quick-Start Guide to Continuous Controls Monitoring

## What Is Continuous Controls Monitoring?

Continuous Controls Monitoring (CCM) is the process of using real-time evaluation tools to track your organization's internal controls and compliance processes. With advanced AI and automation, CCM provides ongoing, dynamic insights that help companies proactively manage their GRC challenges.



### Slashing Manual Processes

Automate evidence collection and control testing to cut out time-consuming compliance processes



### Providing Real-Time Visibility

Proactively monitor evolving threats and regulatory changes to minimize operational disruptions



### Bridging Security and Compliance

Synchronize security and compliance teams by embedding controls directly into the CI/CD pipeline



### Enhancing Risk Management

Align critical business processes with security protocols, reducing potential compliance risks

## Industry Adoption & Outlook

- Only 5% of CISOs consider their compliance program fully optimized
- Only 18% are experimenting with GenAI in compliance programs
- 94% of CISOs believe CCM will improve both compliance and security
- 80% see automation as key to reducing manual compliance processes

94%

CISOs believe CCM will improve both compliance and security

## Top Barriers to CCM Adoption

**Budget:** 46% of organizations lack sufficient budget for GRC tools

**Organizational resistance:** 55% of CISOs are facing cultural obstacles

**Lack of confidence:** 37% of CISOs aren't convinced that GRC platforms are reliable

**Integration issues:** 54% of CISOs haven't embedded compliance in their CI/CD pipelines

I've been using GRC tools for over 20 years, and for most of that time they've been glorified spreadsheets that actually slow down my team's efforts to demonstrate compliance. Every little thing is click-click-click, and you spend as much time managing the tool as doing the work. As a CISO, I'm incredibly excited about the promise of automated evidence collection and compliance-as-code. -Josh Ablett, CISO at Adelia Risk



Read the Report

Learn more about how organizations use CCM to transform their GRC programs for 2025 and beyond.

